

3rd Sunday after
Pascha
Paralytic

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Acts 9:32-42  
John 5:1-15  
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Homily by
Dn. Kevin Dougherty

Epistle Reader
Jennifer Medders

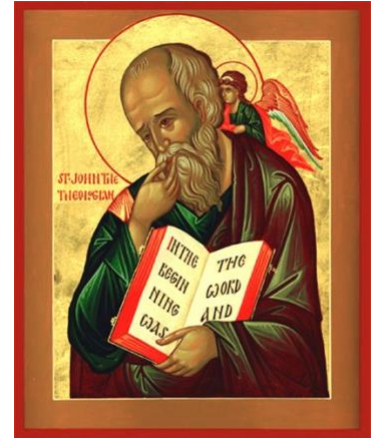
Coffee Hour Hosts
Fletes / A & J Temple

St. John Orthodox Cathedral

~~~~~ Weekly Bulletin



Sunday, May 31, 2025
And the Days Following



O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.

Parish Events and News

Annual Church Family Meeting – Saturday, May 17 - 5:30pm to 7pm

The following items will be on the agenda...

- Parish Council training and committee membership update
- Church constitution review
- Presentations from ministry leaders
- Yearly financial report
- PFD tithe project/St. James House handicap accessibility access
- And more...

Babysitting and snacks will be provided!

No Atrium This Sunday for Mother's Day

Folk Dance Evening – May 18

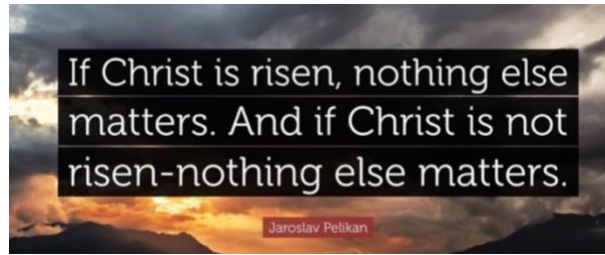
Please join us on Sunday May 18th from 5-7pm in the church basement to folk dance with live music! Please bring a potluck dish to share. We will learn dances from 5:00 to 6:00. From 6:00 to 7:00 we will dance. If you have any questions, please ask Jessica Kies.



Save the Date for Day Camp and Register Now June 3, 4 and 5

The camp will run from 9:45am - 12:30pm and is open to children ages 2-12. We have a wonderful set of volunteers to help lead the camp.

If you are interested in registering for Day Camp, please find the forms on the Narthex table. Please return to Cara Fletes' mail-box folder. Thank you! Please call Cara Fletes or Jessica Kies with any questions!



Cupola Progress

Sam Stogsdill and Myles Kelly have been working on the new cupolas for a couple of months now. They are working in Bruce Johnson's garage, if you want to stop by and see their progress.





Coffee Hour This Sunday - May 11, 2025 Group B - Second Sunday of the Month

Hosts Families: Fletes / Temple

Snacks: Agnew, Alvarez, Betson, Cain, Davisson, Drennan, B & D Dunaway, J & B Dunaway, Finkler, Grasse, Hoyt, Ihde, Keener, Klatt, Komar, Lineer, Lowry, Moffatt, Peters, Ray, Schlicting, Sluz, Sturdevant, Villafana

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**Next Sunday – Group C – May 18      Hosts: J & B Dunaway / Komar / Burton**

Snacks: Arnold, Curry, Dunham, Fisher, Greene, Hanna, Hawi, Hunter, E & H Johnson, Kelly, Kendall, Labrecque, Medders, Okuley, Polson, Saur, Scherer, Sparks, Stiehr, Taylor, Temple, Wasile

## *St. John's School Weekly News*



***Tonight***

**Fund Raiser for St. John's School  
Friday, May 9, 5:30-7:30pm**



## **Silent Auction**

Moose Sculptures decorated by the students up for Silent Auction at tonight's BBQ Fundraiser.







## New Mural on St. John's School Wall

The new school mural includes salmon painted by the students. The design was by teachers Kati Rehm and Rachel Rasic. Materials were provided by an art grant. John Marc, Tim

Mellor and Bob Dyal helped with installation.



## Local Community News



## Mother's Day Brunch Benefit for Heart-to-Heart Pregnancy Resource Center

Come celebrate moms and motherhood at the second annual Mother's Day brunch benefiting Heart to Heart Pregnancy Resource Center on Sunday, May 11. This special event will feature catered buffet-style brunch fare, "Mimosa's" mocktails and coffee, door prizes and entertainment.

Guests may dine anytime between 10am and 2pm. Reservations are requested but not required. Advance tickets are \$30 for adults and \$20 for children aged 6-12, or \$125 per immediate family (of any size). Kids aged 5 and under eat free! Admission at the door will be \$5 more per ticket.

Hosted by the Chugiak-Eagle River Senior Center, brunch will be held at the Senior Center at 22424 N Birchwood Loop Road in Chugiak. All proceeds benefit Heart to Heart Pregnancy Resource Center and families in need. Get your tickets now via the QR code or the link below. Happy Mother's Day!

<https://www.eprocessingnetwork.com/cgi-bin/e pn/secure/pfg/payment.fpl?a=032483&f=583AC418-6E1F-1014-9AFD-9A3997362A22>



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## *Notes and Pictures from Parishioners*

### **"Checking In" with Each Other**

Is there something you'd like to share? Please email [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org)



Thank you note,  
From Kathleen  
Sorensen

### **Stairlift For Sale**

JoAnn Webster has a stairlift for sale. The track is straight up 15 steps. If interested, please give her a call at 907-406-1081.

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## *Dates to Remember*

### *Birthdays This Week*

May 12 - Ian Johnson

May 13 - Meghan Jones

May 16 - Arianna Stallman

May 17 - Sally Eckert

May 17 - Cara Fletes

May 17 - Luke Mellor

*M A N Y   Y E A R S !*



### *Anniversaries This Week*



Mark & Theresa Agnew - May 11, 2019

Jesse & Andrea Stiehr - May 14, 2000



## *Remembering in Prayer...*

Gwyn Jones  
Joe Dunham

Chris Grasse  
Josphine Hanna & her  
family

Kerry Jones  
Elisa Betson

Sylvia Villafana  
Helen Gillquist

*We continue to pray for all those suffering in Ukraine  
and for all those suffering in Israel and Gaza, for a quick end to  
war and for peace*

## *Remembering Those Who Have Fallen Asleep This Month*



- \* Presbyter Garland Peters - May 6, 1979
- \* Abner Picon - May 1, 2016
- \* Infant Lazarus Frizelle - May 2, 2018
- \* Eloise Mae Lamb - May 10, 2024
- \* Infant Benjamin Ray - May 12, 2022

*M E M O R Y   E T E R N A L !*

## *Monday 'Moms with Kids' Reading Group*

Please join us for reading group on Mondays at 10 AM. We meet at Saint James House in the living room area.



## *Clare House Meal - 4th Saturday of Each Month*

For the Month of **MAY** – our scheduled meal that we provide Clare House is:  
**Saturday, May 24.** Contact Cara Fletes to see how you can help.



## *Thursday Reading Group*

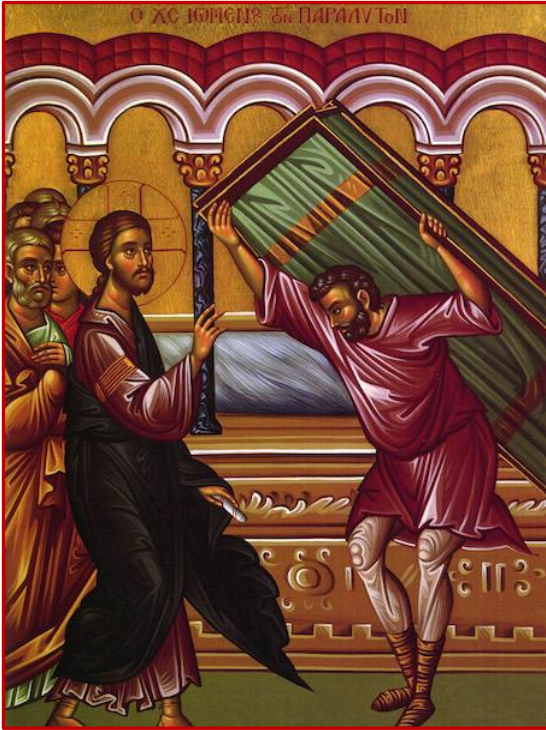
: Thursday Readers will meet at the Chugiak Senior Citizen Center at 10am



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## THE SYNAXARION

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### Paralytic

On May 11, in the Holy Orthodox Church, we commemorate the Hieromartyr Mokios, priest in Macedonia; Cyril and Methodios, equals-to-the-Apostles and enlighteners of the Slavs; New-martyr Argyros of Thessalonica; Venerable Martyr Olympia of Karyes in Mytilene; and Martyr Joseph of Astrakhan.

On this, the third Sunday after Pascha, we make commemoration of the Paralytic, and we rightly celebrate the miracle bestowed on him.

### Verses

*The Word of Christ was strength for the paralytic.  
And this Word alone was his healing.*

Jesus healed the Paralytic at the Sheep Pool, located near the Sheep's Gate of Jerusalem, where people sacrificed their beasts and washed their insides. The pool had five sides, with a porch and arch on each. A number of people, afflicted with various diseases, passed through them, waiting at the water for an angel to come down and stir it. Once it moved, whoever stepped into the water first was instantly healed. One poor man, whose story is recounted in today's Gospel in the Divine Liturgy, waited 38 years for someone to lower him into the water, because he was unable to move into the water himself. However, the Savior merely commanded the man to get up and walk, and he was healed.

By Your boundless mercy, O Christ our God, have mercy on us. Amen.

### Bulletin Announcement Guidelines

Send announcements to church email address: [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org) Have announcements submitted by Thursday or at very latest Friday 9am. If you have any questions regarding announcements – contact Maris Kelly at the church office. 907-696-2002.

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### Saint John Orthodox Cathedral

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• Diocesan Website: <http://www.antiochianladiocese.org>  
Antiochian Orthodox Christian Archdiocese  
Pastor: Fr. Marc Dunaway • Assistant Priest: Fr. Robert Polson